

# “The Bhagavat Gita: Krishna’s Role in Arjuna’s Decision – Making”

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## ABSTRACT

The Mahabharata is one of the two major Sanskrit Epic of ancient India traditionally attributed to sage **Ved Vyasa**. It is a massive narrative comprising over 100000 shlokas that details a dynastic struggle for the throne of **Hastinapura** between two sets of cousins. The Pandavas (sons of Dhritarashtra of pandas) and Kauravas (sons of Dhritarashtra). The conflict culminates in 18-day Kurukshetra war. The central theme of Mahabharata is **dharma** (righteousness/duty) versus **adharma**(unrighteousness) with the ultimate message that **righteousness** triumphs Krishna explains that arjuna duty as a warrior (kshatriya) is to fight against to injustice regardless of personal relationship with enemy.

The journey of **arjuna** from doubt to direction shows a deep human struggle with fear, confusion and responsibility. **Krishna** helps arjuna understand life, duty and importance of being controlled by fear or attachment. Slowly, Arjuna’s confusion fades and he finds clarity and confidence to move forward.

This transformation reflects how with the right **guidance**, even the most overwhelming doubt can be turned into strength and purpose in human life.

## Key words:

Mahabharata, Ved Vyasa, Kurukshetra War, Pandavas, Kauravas, Arjuna, Krishna, Dharma (Righteousness), Adharma (Unrighteousness).

## 1. Introduction :

The Bhagavad Gita is one of the most important spiritual and philosophical documents of India. It is a sacred section of the Hindu epic Mahabharata and contains 700 verses in 18 chapters. It is related as a dialogue between Lord Krishna and Arjuna, who is depicted as a great warrior, on the backdrop of the battle of Kurukshetra.

Initially, Arjuna is perplexed, confused, and fearful. He is torn between his duty as a warrior and his emotional commitment towards his own kin and teachers, who are on the other side. At such a critical juncture, God does not direct Arjuna towards a war but uses His wisdom so that Arjuna understands what is life, duty, and righteousness.

## 2.ARJUNA'S MORAL DILEMMA

Arjuna moral dilemma is that, at the onset of war of Kurukshetra, Arjuna's mind was consumed by deep compassion and sorrow and doubt upon seeing his own relatives, teachers, and his friends, all prepared to fight against to him as on the opposing side. His fear about they all get into the battlefield by that he getting massive destruction and loss causes him to question whether this war is justified. This emotional situation will lead to critical decision- making, where personal relationships will control to take perfect decision or conclude a judgment. when arjuna refuses to fight it highlights the human duty which is dharma and emotional attachment which is Moha avoid burden when faced mental suffer or emotional distress.

## 3.KRISHNA'S ROLE AS A GUIDE AND MENTOR

Krishna's role as a mentor of arjuna and as a guide of arjuna through philosophical reasons not with a commanding rule or establishing authority. Krishna explains briefly about the concepts like dharma which concluded as duty, karma which concluded as action, disinterest, and self-sacrifice. He Point up that the one should must keep their total efforts on the duty which we are doing without keeping any expectations on the results, whether we get success or failure. Through logical reasoning, consciousness, and moral clarity, Krishna helps arjuna to change his thinking from emotion-driven thinking to purpose-driven thinking, arjuna emotional thinking about his relationships and purpose thinking about his duty as warrior. in thus we come to know about the importance of mentorship and guidance in solving difficult decisions.

## 4.DECISION MAKING AND THE CONCEPT OF DHARMA

Krishna teaches about the decision-making which means doing our own duty instead of fearing about our personal relationships. He also explains about the duty which we avoid because of fear it is also a reaction and we may get negative results. And the person who was not thinking about the outcome what will we receive and doing the right duty, that person can make fair and moral decision and perfect decision-making. The who will think like this it helps them to being responsible, emotionally strong, and stay clam in any situation.

## 5.TRANSFORMATION OF ARJUNA

The transformation of arjuna with Krishna's guidance he transformed from mind full of doubts and hopelessness to very confident person and his will power. All his confusions were vanished and he got clarity about his duty and the larger purpose of his decision to take actions. This transformation is an example and role model how right guidance will give the confidence to individual to face any kind of conflicts or challenges with bravery and judgement. The Arjuna's

final decision that he decided to get into the battlefield to fight which says about the perfect decision-making for the wisdom rather than personal emotions.

## 6.RELEVANCEN TO MODERN LIFE AND MANAGEMENT

The guidance and teachings of Krishna to Arjuna have strong significant life in present modern way of living, especially in leadership and management factors. Leaders will also face ethical dilemmas, stress, pressure, and uncertainty as same as Arjuna's situation. The Bhagavad Gita will teach about our decisions should be like there should be a balance between emotion, intelligence (thinking power), and ethics (morals). From Krishna's role we can compare the teaching or guiding or a mentor or advisor which helps us to get into a perfect path in our life it also helps leaders to gain better confidence.

## 7.CONCLUSION

The Bhagavad Gita will say about the perfect decision-making which also requires self-awareness, clarity about moral values, and guidance or motivation. By Krishna's role in Arjuna's transformation or decision-making the journey will say how Arjuna overcome from the difficult situations, confusions, all can be resolved through right thinking and right understanding. Arjuna's transformations will give us a perfect lesson or as inspiration for taking correct decision in less period of time by proper clarity and proper guidance and how individuals convert confusion into duty and leading to right way and taking confident action.

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