

OUR FIRST DATE

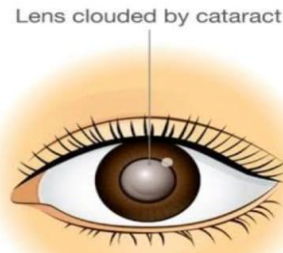
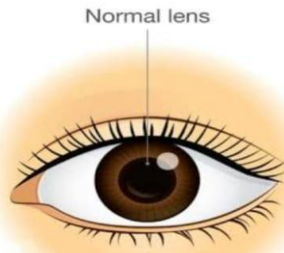
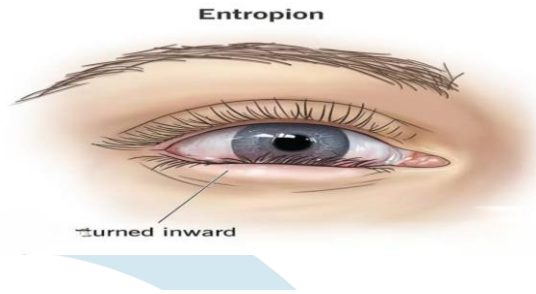
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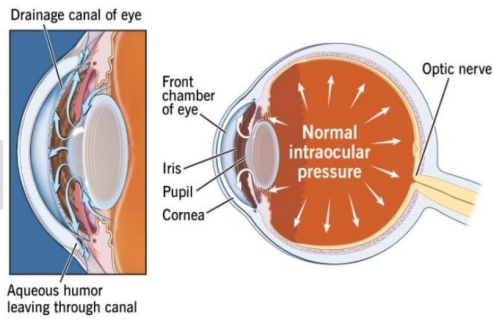
INTRODUCTION

When we met for the first time, I am in her hand, I looked closely at his eyes, a small pupil became dilated and constricted when suddenly light came in front of his face. In disco evening, I told him I want to see your eyes. I feel very happy, it's not red because red eyes is sign of eye infection, glaucoma. His iris is black, I become more happy, it's completely black no haziness in lens. There is no tear drops coming out of eyes, means he has no epiphora. His both eyes are same, exactly same. I walked a longer from him and asked time from my watch. He said 8:00 pm. I went close to him and said please tell me the time by looking at my watch. He told me 8:05 pm. There was no limit to my happiness (overjoyed), he was neither myopic nor hypermetropic. I told her to just look at my hand, I moved my hand to the left, the pupils of both her eyes became left side. I moved my hand to the right side, the pupils of both her eyes became right side, I moved my hand upwards and then downwards, both the pupils of her eyes moved up and down together. The pupils of both his eyes were round. I looked carefully at his eyelashes, he had neither ectropion nor entropion. There was no crust on his eyelashes. There were no blisters on his eyelids. I came close to him and saw that the pupils of both his eyes became constricted and converged. I ask him all about surrounding objects visible to him. He has no tunnel vision. He also not has any glare and black hole in his vision. He describes my saree design, earrings design very beautifully. His discription impressed me. I told him your eyes are absolutely fine and very beautiful.

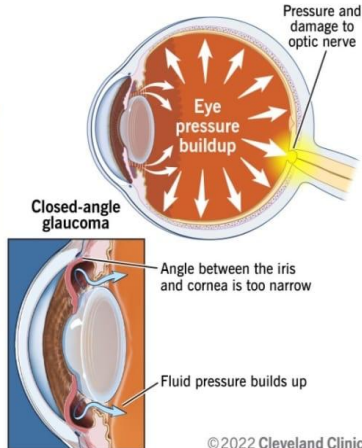
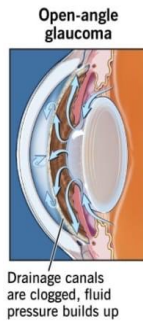




Healthy Eye



Glaucoma



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KEYWORDS:-

Ectropion
 Entropion
 Blister on eyelashes
 Glaucoma
 Cataract
 Epiphora

ACKNOWLEDGMENTS

Eye health is an essential component of overall health and well-being. Vision plays a crucial role in daily activities such as learning, communication, mobility, and social interaction. According to global estimates, millions of people suffer from visual impairment and blindness, many of which are preventable or treatable. Common eye conditions such as refractive errors, cataract, glaucoma, diabetic retinopathy, and age-related macular degeneration significantly affect quality of life and productivity.

Poor eye health can result from multiple factors including aging, systemic diseases, environmental exposure, poor nutrition, and lack of access to adequate eye care services. In developing countries, limited awareness, insufficient screening programs, and inadequate healthcare infrastructure further contribute to the burden of avoidable blindness. Early detection, timely treatment, and preventive strategies such as regular eye examinations, proper nutrition, and protection from harmful environmental factors are key to maintaining good eye health.


Promoting eye health is therefore a major public health priority. Effective community-based interventions, health education, and improved access to eye care services can significantly reduce the prevalence of visual impairment. This research aims to explore important aspects of eye health, identify associated risk factors, and highlight strategies for prevention and management of common eye disorders.

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