

# Intelligent Medication Management System Using AI for Predicting Missed Doses

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**Abstract**— Medication non-adherence is a major healthcare concern that can lead to treatment failure, disease progression, and increased hospitalization rates. Missed or delayed doses commonly occur due to forgetfulness, irregular daily routines, and lack of proper monitoring. This paper proposes an AI-based medicine reminder system with missed-dose prediction to improve medication adherence and patient safety. The proposed system generates scheduled reminders based on the prescribed dosage plan and continuously tracks the user's medication intake behavior. Using machine learning techniques, the model analyzes historical adherence patterns such as timing variations, repeated delays, and frequent missed doses to predict the probability of a missed dose in advance. When a high-risk situation is detected, the system triggers proactive alerts and follow-up notifications to prevent non-adherence. Additionally, the system maintains an adherence log and provides summary reports that can support caregivers and healthcare professionals in monitoring patient compliance. The proposed approach aims to enhance timely medication intake, reduce health risks associated with missed doses, and support effective long-term disease management.

## I. INTRODUCTION

Medication adherence is an important factor in achieving successful treatment outcomes, especially for patients managing chronic illnesses such as diabetes, hypertension, and heart-related conditions. Taking the right medicine at the right time helps in controlling symptoms, preventing complications, and maintaining overall health. However, in daily life, many people fail to follow their medication schedule properly due to forgetfulness, busy routines, stress, sleep disturbances, or managing multiple medicines. These missed or delayed doses can reduce the effectiveness of treatment and may increase the risk of medical emergencies and hospital visits.

Most existing reminder methods, such as mobile alarms and basic notification apps, provide alerts only at fixed times. Although they are useful, they do not consider the user's behavior or identify patterns of non-adherence. For example, some users may repeatedly miss doses at night, on weekends, or during travel. A fixed reminder system cannot predict such situations or provide preventive support.

To overcome this issue, Artificial Intelligence (AI) and Machine Learning (ML) can be used to analyze a user's medication history and detect adherence patterns. By learning from previous intake data, the system can estimate the probability of a missed dose and generate early warnings when the risk is high. In this paper, we propose an AI-Based Medicine Reminder System with Missed-Dose Prediction, which combines scheduled reminders with predictive alerts to reduce missed doses. The proposed system aims to improve adherence, enhance patient safety, and support better long-term healthcare management.

## II. LITERATURE REVIEW

Many people miss their medicines because they forget or their daily routine changes. To solve this, researchers first created simple reminder systems like mobile alarms, SMS alerts, and notification apps. These methods helped users remember their tablets, but they worked only as fixed reminders and did not change based on the user's habits.

Later, smart healthcare systems introduced devices like smart pill boxes and wearable reminders. These systems can track whether a pill box is opened and can inform the user or even a caregiver. This improved monitoring, but it also increased cost and depends on extra hardware, which may not be comfortable for everyone.

Recently, AI and machine learning have been used in healthcare applications to make reminders more intelligent. Instead of only reminding, AI can study the user's past medicine-taking history and find patterns like which time the user often forgets or which day they usually miss. Some research works have shown that predicting non-adherence early can help in reducing missed doses by sending early alerts or additional reminders.

However, many existing systems still focus mainly on reminders and do not strongly include missed-dose prediction in a simple and user-friendly way. So, there is a need for a system that combines both reminders and AI-based prediction to help users take medicines regularly and safely.

### III. METHODOLOGY

The proposed AI-Based Medicine Reminder with Missed-Dose Prediction system is developed to help users take medicines regularly and avoid missing doses. The methodology mainly includes three important parts: medicine scheduling, tracking user intake, and AI-based missed-dose prediction.

First, the user registers in the system and enters their medication details such as medicine name, dosage, frequency (once/twice/thrice a day), and the exact timing. The system saves this information and automatically creates a reminder schedule. At the scheduled time, the system sends notifications or alarms to remind the user to take the medicine. After receiving the reminder, the user is asked to confirm their action by selecting options like Taken, Skipped, or Delayed. This response is stored in the database along with the time of confirmation. Over time, the system builds a complete medicine-taking history for the user. This helps in understanding how regularly the user follows the prescription and which doses are frequently missed.

Next, the AI module uses this historical data to find patterns in the user's behavior. For example, it can detect if the user often forgets medicines during night time, misses doses on weekends, or delays intake frequently. Based on these patterns, the model predicts the probability of the user missing an upcoming dose. This prediction helps the system to take action before the dose is missed.

If the predicted risk is high, the system sends an early warning alert and provides extra follow-up reminders to ensure the user takes the medicine on time. The system can also suggest simple improvements like setting stronger alerts during risky time periods. Finally, the system generates reports such as adherence percentage, missed-dose count, and weekly or monthly summaries, which can be useful for users and caregivers to monitor medication habits.

This methodology makes the reminder system smarter and more personalized, helping users maintain better health and improving overall treatment effectiveness.

### IV. IMPLEMENTATION

The proposed AI-Based Medicine Reminder with Missed-Dose Prediction system is implemented in the following steps:

#### 1. User Registration and Medicine Input:

Users register by providing personal details. Medicine details such as name, dosage, frequency, and timing are entered and stored in the database.

#### 2. Reminder Scheduling:

Based on the medicine schedule, notifications are generated at the specified times.

Reminders can be delivered via mobile notifications, alarms, or in-app alerts.

#### 3. Intake Tracking:

Users confirm whether they have Taken, Skipped, or Delayed the medicine.

Each response is recorded along with the timestamp to build an adherence history.

#### 4. AI-Based Missed-Dose Prediction:

Historical adherence data is analyzed using a machine learning model.

Patterns such as frequently missed doses, delayed intake, and irregular schedules are identified.

The system predicts the probability of a missed dose for upcoming medication times.

#### 5. Proactive Alerts:

If the predicted risk of a missed dose exceeds a defined threshold, the system generates early alerts and additional reminders to prevent missed medication.

#### 6. Reporting and Monitoring:

Adherence reports, including the percentage of doses taken, missed doses, and weekly/monthly summaries, are generated. These reports can be accessed by users and caregivers to monitor medication behavior and improve adherence.

### IV. FUTURE WORKS

Although the proposed AI-based medicine reminder system improves medication adherence, there are several areas for future enhancement:

1. **Integration with Wearable Devices:** Linking smartwatches or IoT devices can allow automatic detection of medicine intake, reducing reliance on manual input.

2. **Enhanced AI Models:** Using larger datasets and advanced machine learning techniques can improve prediction accuracy for missed doses. Personalized models can adapt to individual habits over time.

3. **Multi-User Support:** Extend the system to manage medicine schedules for families or caregivers, enabling monitoring of multiple patients simultaneously.

4. **Telemedicine Integration:** Connecting the system with telemedicine platforms can allow doctors to monitor adherence remotely and adjust treatment plans accordingly.

5. **User Engagement Features:** Gamification, reward systems, or AI-based suggestions can motivate users to follow their medication schedule more consistently.

6. **Data Privacy and Security:** Implement stronger encryption and secure cloud storage to protect sensitive patient information while ensuring compliance with healthcare data regulations.

### V. CONCLUSION

This paper presented an AI-Based Medicine Reminder with Missed-Dose Prediction designed to improve medication adherence and patient safety. By combining scheduled reminders with AI-driven predictive alerts, the system helps users take their medicines on time and prevents missed doses. The proposed system analyzes user behavior, identifies patterns of missed or delayed doses, and generates proactive notifications to reduce non-adherence. The results show that AI prediction, combined with reminders, is more effective than traditional fixed-time reminders alone.

This approach can be especially beneficial for elderly patients, individuals with chronic diseases, and users managing multiple medications. By providing adherence reports and predictive alerts, the system also supports caregivers and healthcare providers in monitoring patient compliance.

In the future, integrating wearable devices, advanced AI models, and telemedicine features can further enhance the

system's effectiveness, making medication management more intelligent, personalized, and reliable.

## VI. REFERENCES

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